

## Schedule CampExperience™ 2008

### Wednesday, September 17

10:00 am	Registration Opens	
10:30-11:30 am	Welcome New Camper Briefing	Ptarmigan Room Lower Level
12:00-2:00 pm	Lunch	Barbara Stoker—Crux Move Award honoree
2:30-3:30 pm	Networking 1	Sarah Michel, CSP, Ptarmigan Room Lower Level
3:45-4:45 pm	Networking 2	Sarah Michel, CSP, Ptarmigan Room Lower Level
5:30-6:30 pm	Reception	Wine tasting, Kokopelli's Trail ballroom lobby
6:30-8:00 pm	Dinner	Dr. Deb Kern—Dance/Sharon Fisher Game
8:00-9:30 pm	Club CampE	Networking Party Club CampE, Jack's

### Thursday, September 18

8:00-9:00 am	Yoga	Karen Quinn, Jack's
7:30-9:00 am	Breakfast Round Table Discussions	Bighorn Ballroom
9:00-10:30 am	Workshops	Choice of 4 tracks, Lower Level
10:45-12:15pm	Workshops	Choice of 4 tracks, Lower Level
12:30-2:00 pm	Lunch	Mary Lou Makepeace—The Many Lives of Mary Lou Award honoree
2:30-5:00 pm	Activities/Adventures	Fly Fishing, Golf clinic, Psyche-Hike, Hummer Tours, Self Defense for Women
5:30-6:30 pm	Reception	Wine tasting, Kokopelli's Trail ballroom lobby
6:30-8:00 pm	Dinner	Rene Marie performance
8:00-9:00 pm	"Talent" Show	Hosted by Tammy Abramovitz
9:00-10:00 pm	S'mores/Camp Fire	

### Friday, September 19

8:00-9:00	Qi Gong	Beth Schroeder, Jack's
7:30-9:00 am	Breakfast Round Table Discussions	Bighorn Ballroom
9:00-Noon am	Activities/Adventures	Fly Fishing, Golf Scramble, Psyche-Hike, Hummer Tours, Self Defense for Women
9:00-10:30 am	Workshops	Choice of 4 tracks, Lower Level
10:45-12:15pm	Workshops	Choice of 4 tracks, Lower Level
12:30-2:30 pm	Lunch	Award honoree; donation celebration

**Thursday and Friday Morning 1.5 hour WORKSHOPS**

		<b>Leadership</b> Northwestern Mutual Financial Network	<b>Success Skills</b> Staples	<b>Creative Thinking</b> Coors Brewing Company	<b>Optimal Health</b> St. Anthony Central Hospital
<b>Thursday</b>	9:00-10:30 am	Monica Covert- Kerber/Tara Hall	Cathy Hawk	Holly Stiel	Dr. Jennifer Grube, MD & Barbara Hughes
	10:45-12:15pm	Shawne Duperon	Caroline Turner	Deborah Sandella	Leann Thieman, CSP
<b>Friday</b>	9:00-10:30 am	Pam Shipp	Rene Marie	Barbara Stoker	Dr. Dianne Stone, MD
	10:45-12:15pm	Lynne Telford	Ruby Newell- Legner	Cynthia James	Dr. Deb Kern

**Thursday Afternoon 1 hour "HOUR OF POWER" Classes**

		<b>CRAFTS</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>		<b>Wall</b>
Thursday	<b>2:15-3:15 pm</b>	3 classes	Terri Norvell	Keri Blair	Lynn Robinson	Jana Stanfield		
	<b>3:30-4:30 pm</b>	3 classes	Cyndi Muirhead	Karen Quinn	Lynn Robinson	Dr. Deb Kern/Jana Stanfield: Nia		
	<b>4:45-5:45 pm</b>	3 classes	Michelle Karl	Keri Blair	Kim Oliva	Laughter yoga		
Friday								Special Climbing Wall with Barbara Stoker

**ACTIVITIES/ADVENTURES**

Thursday 2:30-5:00 pm and Friday 9:00-11:30 am

Fly Fishing: Char Bloom

Golf Clinic and Scramble: Kathleen Heiney, LINC Golf and Wellness

Psyche Hike: Dr. Audrey Boxwell

Self Defense for Women: Lonnie Lilja and Cherianne Matzenbacher, The Rock,

Hummer/Jeep Tours: Leslie Mashburn, Lakota River Guides

**Optional Personal Services By Appointment Only**

Thursday: 7:30, 9:15, 10:45, 2:15, 3:30, 4:30, 5:30

Friday: 7:30, 9:15, 10:30