

## Draft Schedule CampExperience™ 2010

### Friday, September 24<sup>th</sup>

10:00 am	Registration Opens	Upstairs Lobby
10:30-11:30 am	Welcome New Camper Briefing	Lower Level, Ptarmigan Rooms
12:00-2:00 pm	Lunch	Bighorn Ballroom—Keynote, Diane Conway
2:30-3:30 pm	Networking Activity	Kokopelli's Trail, Outside Bighorn Ballroom
3:45-4:45 pm	Afternoon Keynote	Bighorn Ballroom—Cynthia James
5:30-6:30 pm	Reception	Kokopelli's Trail, Outside Bighorn Ballroom
6:30-8:00 pm	Dinner	Bighorn Ballroom—Camp Celebrations, Fashion, Women Who Rock...
8:00-9:30 pm	Movie Night Networking Party	Bighorn Ballroom—Helen Upton

### Saturday, September 25<sup>th</sup>

7:45-8:45 am	Yoga and your Morning Walk	Jack's—Andrea Thorn; Maree Chavez
7:30-9:00 am	Breakfast Round Table Discussions	Bighorn Ballroom
9:00-10:30 am	Keynote	Bighorn Ballroom—Keynote, Zonya Foco
10:45-12:15 pm	Workshops	Lower Level Ptarmigan Rooms
12:30-2:00 pm	Lunch	Bighorn Ballroom—Keynote, Colleen Abdula
2:15-4:30 pm	Workshops	Lower Level Ptarmigan Rooms
2:30-5:00 pm	Activities/Adventures	Fly Fishing, Psyche-Hike, Organic Cooking, Self Defense for Women
5:30-6:30 pm	Reception	Kokopelli's Trail, Outside Bighorn Ballroom
6:30-8:00 pm	Dinner	Bighorn Ballroom—Betsy Wiersma, Camp Founder Keynote, Jana Stanfield
8:00-9:00 pm	"Talent" Show	Bighorn Ballroom—Hosted by Tammy Abramovitz
9:00-10:00 pm	S'mores/Camp Fire	Outdoors

### Sunday, September 26<sup>th</sup>

7:45-8:45 am	Qi Gong and morning walk	Jack's—Beth Schroeder; Maree Chavez
7:30-9:00 am	Breakfast Round Table Discussions	Bighorn Ballroom
9:00-11:30 pm	Activities/Adventures	Fly Fishing, Psyche-Hike, Organic Cooking, Self Defense for Women
9:00-10:30 am	Keynote	Bighorn Ballroom—Keynote, Elizabeth Fayt
10:45-12:15 pm	Workshops	Lower Level Ptarmigan Rooms
12:30-2:30 pm	Lunch	Bighorn Ballroom—Keynote, LeAnn Thieman Charity Donation Celebration

### MEAL SERVICE

All meals are served in the Bighorn Ballroom. Enjoy the fantastic flowers by **The Perfect Petal**, and table art by **Kriss Wittmann**. Please note the meal service times. Tables are open seating. Breakfasts and our nightly 9:00 pm desserts are buffet style. FREE snacks and water to fill your water bottles are available in the lobby.

### ACTIVITIES/ADVENTURES

All adventures meet in the lower level near the front of the Conference Center. Please meet 15 minutes before the start of your session and look for Camp staff and your instructor. Activities will walk to their starting place or will board vehicles in that area.

### **Timing for All Amazing Adventures: Saturday 2:30-5:00 pm and Sunday 9:00 am -11:30**

Fly Fishing: Instructor Char Bloom	Psyche Hike: Instructor Dr. Audrey Boxwell
Organic Cooking: Chef Shellie Kark	Self Defense for Women: Instructors: The Rock
Ronee Loony: Ceramics, Jack's	Paula Radke: Beads, Ballroom
Leslie Molen: Fabric, Jack's	Marianne Richmond: Journals, Hasty's

		Northwestern Mutual Financial Network <b>Leadership</b>	Staples <b>Success Skills</b>	St. Anthony Central Hospital <b>Optimal Health</b>	<b>Creative Thinking</b>
<b>Saturday</b>	ROOM	Bighorn Ballroom			
	9:00–10:30 am	Morning Keynote: Zonya Foco			
	ROOM	Ptarmigan A	Ptarmigan B	Ptarmigan C	Hasty's
	10:45-12:15pm	<b>Philanthropy Panel</b>	Gina Schreck	Jennifer Grube	
	2:15-3:15 pm	Caroline Turner	Sarah Michel	Maggie Cotreau	Craft Adventures 2:00-5:30
3:30-4:30 pm	Pam Gordon	Shawne Duperon	Melanie Mills		
	ROOM	Bighorn Ballroom			
	9:00–10:30 am	Morning Keynote: Elizabeth Fayt			
	ROOM	Ptarmigan A	Ptarmigan B	Ptarmigan C	Hasty's
	10:45-12:15pm	Denise Smith	Diane Conway	Zonya Foco	Craft Adventures 9:00 – 12:30

**Optional Personal Services By Appointment Only**

All services are in the building across from the Grand Hall. Look for the lobby sign for details. Please arrive 10 minutes early for your appointment.

**Available appointment times:**

Friday: 2:15, 3:30, 4:30

Saturday: 7:30, 9:15, 10:45, 2:15, 3:30, 4:30

Sunday: 7:30, 9:15, 10:45

**Optional Personal Services Providers:**

Arbonne International

Hair People

Health and Longevity Center: Stacey Robertson, M.S., L.Ac., C.C.Ht.

Better Body Therapy: Patricia Meier, LCMT

Amy Weist

Bubble Goddess Bath Company

Complete Health Concepts

Danielle Saxton, BA, CMT, KMI Practitioner

Robin Lewis

Healing Oasis: Taylor Mallos, LCMT